

Kit lists are not exhaustive. Adjust as you see fit according to your own preferences and experience. If you need advice, call us on the numbers in the footer.

KIT LIST - BHUTAN, TOURING

Covers day walking

LUGGAGE

Suitcase or holdall
Daysack, sufficient for day walks (~20-25 litre capacity)

FOOTWEAR

Footwear suitable for walking around sites
Walking boots, for day walks
 Preferably waterproof, tracks can be rough
Evening footwear (hotels, etc...)

CLOTHING

General clothing for touring to include:
 Shirts (long and short sleeve)
 Trousers
 Shorts
 Underwear
 Socks
 Warm sweater
 Jacket
 Sun hat
 Swimming costume

Add if day walking or Tigers Nest:
 Waterproof jacket & trousers
 Duvet jacket (optional)
 Trekking trousers
 Woolly hat
 Gloves
 Buff or scarf

DOCUMENTS/MONEY

Passport
Visa (supplied by us)
Flight Ref details/document
Travel Insurance details
Spare photo ID
Spare passport photo

Currency cash
Credit card
Hard copy of important documents

EQUIPMENT

Water bottles (drinking)
Torch (LED head torches are best + spare batteries)
Sunglasses (+ hard case)
Normal vision glasses (if worn) (+ hard case)
Trekking poles (optional)
Pocket knife
Medical kit (see website for checklist)

Mobile phone (+ charger)
Plug adaptor

Camera (+ batteries + charger)

Wash kit

USEFUL EXTRAS (Optional)

Dirty wash bag
Guide book
Reading/writing material
Needle/thread
Spare laces
Combination lock(s)

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